



Patty Brennan | 217 Sunset Rd., Ann Arbor, MI 48103 | patty@lifespandoulas.com | 734-663-1523
LifespanDoulas.com

Postpartum Doula Certification Requirements

1. Be at least 18 years of age.
2. Hold a high school diploma, GED equivalency, or higher education.
3. Complete the self-paced Postpartum Doula study modules, including:
 - ✓ Doula Fundamentals
 - ✓ Postpartum Doula Support Skills
 - ✓ Breastfeeding Basics for Doulas
 - ✓ Breastfeeding Support Skills for Doulas
4. Complete required reading checklist:
 - ✓ *Depression in New Mothers*, by Kendall-Tackett
 - ✓ *The Womanly Art of Breastfeeding, 8th Edition Revised*, by Wiessinger, West, and Pitman
 - ✓ [*The Doula Business Guide, 4th Edition*](#), by Patty Brennan
5. Pass the comprehensive Postpartum Doula online certification exam with a score of 85% or higher. When you have completed all the training requirements, email patty@lifespandoulas.com to request access to the certification exam. The exam is open-book and self-paced. You can save your progress as you go and complete the test in multiple sessions if desired. You can take the exam as many times as necessary to achieve the passing grade.
6. Agree to abide by the Lifespan [Doula Scope of Practice](#).
7. [Complete and submit the online Postpartum Doula Certification Application](#).
8. **Turn-around:** Provided all requirements have been met, we will email your certificate within two weeks. If there are problems with your application that require checking and emails back-and-forth, this timeline may be extended. We are unable to respond to requests for a status update before two weeks have passed since submitting your application.
9. Your training must be paid in full before we will award certification. If you are on a payment plan and can pay off your balance, please email patty@lifespandoulas.com to make arrangements. We ask that you wait to submit your application until your account

is paid in full, but you can complete all the requirements and take the exam, so you are ready to submit the application as soon as that last payment goes through.

Thank you for pursuing certification as a Postpartum Doula with Lifespan Doulas. We are here to support you in this process. If you have any questions, please contact me. Thank you for your service in support of families during the childbearing year.

Patty Brennan