



Patty Brennan | 217 Sunset Rd., Ann Arbor, MI 48103 | patty@lifespandoulas.com | 734-663-1523  
LifespanDoulas.com

## Postpartum Doula Cross Certification Requirements

1. Complete a professional postpartum doula training program with another trainer/organization (minimum 16 hours). If you completed DONA International training with Patty Brennan in the past, provide the year you completed training and your name at the time (if different).
2. Complete the required reading:
  - ✓ *The Fourth Trimester Companion*, by Cynthia Gabriel
  - ✓ *Depression in New Mothers*, by Kendall-Tackett
  - ✓ *The Womanly Art of Breastfeeding, 8th Edition Revised*, by Wiessinger, West, and Pitman
  - ✓ [The Doula Business Guide, 4<sup>th</sup> Edition](#), by Patty Brennan
3. Pass the comprehensive Postpartum Doula online certification exam with a score of 85% or higher. Access to the exam will be given within 24 hours of paying the \$100 certification application fee. Look for an email from **Thinkific** to access the exam. The exam is an open-book, self-paced exam; you can save your progress as you go and complete the test in multiple sessions if desired. You can take the exam as many times as necessary to achieve a passing grade.
4. Agree to abide by the Lifespan [Doula Scope of Practice](#).
5. [Complete and submit the online Postpartum Doula Cross Certification Application](#). We will acknowledge receipt of your application within 24 hours of submission. Provided all requirements have been met, we will mail your certificate within two weeks. Your certification has no expiration date. It is a lifetime certification.

Thank you for pursuing certification as a Postpartum Doula with Lifespan Doulas. We are here to support you in this process. If you have any questions, please contact me. Thank you for your service in support of families during the childbearing year.

*Patty Brennan*