

Hybrid or 100% Self-Paced: Which suits you best?

	EOLD Hybrid Training (Includes Workshop)	EOLD 100% Self-Paced Training
Pros	<ul style="list-style-type: none"> ✓ Opportunity to connect with other EOLDs ✓ Ability to process content with others ✓ Exposure to a diversity of perspectives ✓ Chance for live interaction with the trainer, ask questions ✓ Chance to ask questions of visiting EOL Doulas who will share their journey with you ✓ Works well for folks who prefer a bit more structure to their learning 	<ul style="list-style-type: none"> ✓ Works well for folks who are self-motivated and self-directed ✓ Allows you to complete all components of the training at your own pace ✓ Access to instructor is through “Discussions” in online classroom; post questions and comments and instructor will respond ✓ Maximum flexibility
Possible Cons	<ul style="list-style-type: none"> ✓ Reliable internet connection required ✓ Quiet space, free of interruptions, required ✓ Available training dates may not work for you ✓ Time zone differences may be challenging ✓ You may want to move more quickly than available dates allow ✓ Must commit to being at your computer for two 6-hour days over a weekend (with breaks) 	<ul style="list-style-type: none"> ✓ Lack of connection with other EOLDs which many folks seem to enjoy ✓ Lack of live interaction with others