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Dear Prospective Certified Postpartum Doula,

Thank you for pursuing certification as a Postpartum Doula with Lifespan Doulas. Below are instructions for completing your certification. Once you have completed all requirements, paid in full for your training, and submitted your completed packet, you will be mailed a copy of your certificate within two weeks.

Your certification has no expiration date. It is a lifetime certification.

We are here to support you in this process. If you have any questions, please contact me. Thank you for your service in support of families during the childbearing year.

Patty Brennan

Postpartum Doula Certification Requirements

1. Complete your choice of:
 - Self-paced Postpartum Doula study modules + workshop OR
 - 100% self-paced Postpartum Doula Training program
2. Complete required reading checklist:
 - ✓ *The Baby Book*, Revised Edition, by Sears
 - ✓ *The Fourth Trimester Companion*, by Cynthia Gabriel
 - ✓ *Depression in New Mothers*, by Kendall-Tackett
 - ✓ *The Womanly Art of Breastfeeding, 8th Edition Revised*. by Wiessinger, West, and Pitman
 - ✓ *The Doula Business Guide*, 3rd Edition, by Patty Brennan
3. Pass the comprehensive Postpartum Doula online certification exam with a score of 85% or higher. See exam instructions below.
4. Agree to abide by the Lifespan [Doula Scope of Practice](#).
5. Complete and submit the online [Certification Application](#).

EXAM INSTRUCTIONS

1. When you have completed the self-paced modules and live online workshop, please request access to the Certification Exam by emailing Patty@LifespanDoulas.com.
2. Within 24 hours, the exam will become accessible in your student portal on Thinkific.
3. The exam is an open-book, self-paced exam; you can save your progress as you go and complete the test in multiple sessions if desired.
4. A passing grade of 85% or higher is required for certification.
5. You can take it as many times as necessary.