

LIFESPAN DOULAS

Postpartum Doula Certification Requirements for Folks who Trained with Another Organization

1. Download the appropriate Lifespan Doulas certification packet, containing instructions and forms, from the website (\$100 one-time fee, includes a Directory Listing with your certification approval).
2. Complete the application to become a certified postpartum doula with Lifespan Doulas.
3. Show proof of completion of another professional training organization's postpartum doula training. We will accept copies of a certificate of completion of training or proof of certification (including a certificate or being listed as certified on the organization's website—just provide us a link).
4. Complete required reading checklist.
5. Sign the Agreement to Abide by the Lifespan [Doula Scope of Practice](#).
6. Pass the comprehensive postpartum doula online certification exam with a score of 85% or higher. Within 24 hours of purchasing the packet, you will receive an invite to access the exam on our online learning platform, Thinkific.

Reading Requirements

- ✓ *The Baby Book*, Revised Edition, by Sears
- ✓ *The Fourth Trimester Companion*, by Cynthia Gabriel
- ✓ *Depression in New Mothers*, by Kendall-Tackett
- ✓ *The Womanly Art of Breastfeeding, 8th Edition Revised*. by Wiessinger, West, and Pitman
- ✓ *The Doula Business Guide*, 3rd Edition, by Patty Brennan