

**LIFESPAN DOULAS**  
**Birth Doula Certification Requirements**  
**for**  
**Folks who Trained with Another Organization**

1. Download the appropriate Lifespan Doulas certification packet, containing instructions and forms, from the website (\$100 one-time fee, includes a Directory Listing with your certification approval).
2. Complete the application to become a certified birth doula with Lifespan Doulas.
3. Show proof of completion of another professional training organization's birth doula training. We will accept copies of a certificate of completion of training or proof of certification (including a certificate or being listed as certified on the organization's website—just provide us a link).
4. Complete the live online [Breastfeeding Basics for Doulas](#) class for \$75 (or show proof that you have completed a professional breastfeeding training, minimum 3 hours).
5. Complete required reading checklist.
6. Sign the Agreement to Abide by the Lifespan [Doula Scope of Practice](#).
7. Pass the comprehensive Birth Doula online certification exam with a score of 85% or higher. Within 24 hours of purchasing the packet, you will receive an invite to access the exam on our online learning platform, Thinkific.

**Reading Requirements**

- ✓ *The Birth Partner*, 5th Edition, by Penny Simkin
- ✓ *Breastfeeding Made Simple*, by Mohrbacher and Kendall-Tackett
- ✓ *Natural Hospital Birth*, 2nd Edition, by Cynthia Gabriel
- ✓ *The Doula Business Guide*, 3rd Edition, by Patty Brennan